

Sarasota Endodontic Solutions

Endodontics • Microsurgery

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Post Operative Instructions:

In most instances we do not place the permanent restoration in our office. If your tooth has a temporary restoration, it is important that you contact and **schedule an appointment with your general dentist for a permanent restoration of this tooth.** This should be accomplished no longer than 30 days from the time your endodontic therapy is completed. Your endodontic therapy will not be successful if your tooth is not properly restored.

What To Expect:

You may experience discomfort, tenderness to biting, slight swelling and your teeth may even appear loose. These sensations will be most acute for the **10-14 days following endodontic therapy.** Your discomfort should subside as you continue to heal. The tooth may be sensitive when biting and / or feel peculiar for **several weeks.**

What To Do:

Taking **600MG IBUPROFEN every 6 hours (brands: ADVIL OR MOTRIN)** will help keep inflammation to a minimum (you *can* take 800mg every 6 hours if necessary). If you are not able to take anti-inflammatory medication, then please take Tylenol. Try to chew on the opposite side from the tooth just treated until you have a permanent restoration placed.

AVOID STICKY FOOD/CANDY until you get your permanent restoration, which could dislodge the temporary material or fracture the tooth.

****NOTE**** If narcotic pain medication is prescribed, and ibuprofen does not cover your discomfort, it is acceptable to take the narcotic medication **IN ADDITION** to the ibuprofen. The ibuprofen actively fights the inflammation your body will produce as a result of the dental work, while the narcotic just masks discomfort.